



PARMAR SSC

Folk Dance of India



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FOLK DANCES OF INDIA



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Folk Dances of Andhra Pradesh



TRICK — Was performed in Shiva temples

Also called as "Dance of brave"

• Veer logon ke liye Dhimese Koyle ki Bhaap se
Burra Banalu

Dances

- Bhamakalapam — Bhaap — Most popular dance-drama of Sidhyendra Yogi
- Veeranatyam — Veer
- Burrakatha — Burra
- Bonalu — Banalu — It is also a festival celebrated in Telangana
- Dhimsa — Dhimese
- Kolattam — Koyle
- Lambadi — Logon
- Butta Bommalu — Banalu
- Dappu — Mask dance — Meaning: Basket toys made of wood, dry grass and cow dung

Folk Dances of Arunachal Pradesh



Performed by Monpa
tribe

Dances

- Aji Lamu — Aji
- Wancho — Wancho
- Buiya — Baua k
- Pasi Kongki — Paas
- Chalo — Chalo aur
- Mask — Mask lagak
- Lion and Peacock — Lion & Peacock
- Popir
- Bardo Chham — Sham ko Chalo
- Rikhampada — Rekha

Performed by
Mishmi tribe

• Aji Wancho Baua k Pas Chalo aur
Mask Lagak Lion & Peacock Dance
Dekho

By Monpa tribe

• Yak Chham Dance

By Mishmi tribe

Folk Dances of Assam



Dances

- Bhortal
- Jhumur → Performed by Kulis (people who worked in tea gardens)
- Bagurumba — Celebrated by Bodo community
- Bihu
- Ali ai Ligang
- Deodhani — Celebrated to pay tribute to Goddess Mansa

Folk Dances of Bihar

Dances

- Jat-Jatin
- Bidesia
- Dhobiya
- Jhijhiya
- Jharni
- Paika
- Kajari



Folk Dances of Chhattisgarh



TRICK

अक्सर सुवा कर्म ना करके गेंडिया मारते हैं पागलपंथी करते हैं और पांडवों के साथ झूमर के नीचे सेला डांस करते हैं।

| | | | | |
|-----------|-------|-------------------------|-------|---|
| अक्सर | ————— | Kaksar Dance | ————— | Performed by Abhujmadia tribe |
| सुवा | ————— | Suwa Nacha/Parrot Dance | ————— | Performed by Kamar Tribe |
| कर्म | ————— | Karma Nacha | | |
| गेंडिया | ————— | Gendi Dance | | |
| मारते हैं | ————— | Gaur Maria Dance | | |
| पागलपंथी | ————— | Panthi Nacha | ↘ | Associated person: Teejan Bai (Padma Vibhushan in 2019) |
| पांडवों | ————— | Pandavani Dance | | |
| झूमर | ————— | Jhumur Dance | | |
| सेला डांस | ————— | Saila Dance | | |
| | | | ↙ | Performed by Bhil Tribe |

TRICK

Dances

- Garba ————— Garba
- Gop Raas ————— Gopiyan
- Dandiya Raas aur Garba khelne ————— Dandiya Raas

Folk Dances of Gujarat



- Bhavai
- Tippani
- Hudo
- Padhar ——— Padhar rahi hain
- Siddi Dhamal ——— Siddiyon se
- Lasya
- Matukadi ——— Matuka
- Vinchhudo

By fisherman
community

- Gujarat ki Gopiyani Dandiya Khelne
Siddiyon se Matak k Padhar rahi hain

Folk Dances of Goa

TRICK

मांडवी घोड़े गाड़ी जगुआर देखने और पतंग उड़ाने गोवा जा रही हैं।

चलो गाँव रोमत सो जाओ जाके।



Dances

- मांडवी ——— Mando Dance
- घोड़े ——— Ghodemodni Dance
- गाड़ी ——— Talgadi Dance, Fugdi Dance *
- जगुआर ——— Jagor Dance
- देखने ——— Dekhni Dance
- पतंग ——— Tarangmel Dance *
- गोवा ——— Goa
- चलो ——— Dhalo Dance
- गाँव ——— Gonf Dance
- रोमत ——— Romat Dance
- सो जाओ ——— Sao Jao Dance *
- Kunbi Dance

* Important

Folk Dances of Himachal Pradesh



TRICK

**NATA CHHORA AMAN HIM PE RAKSHO KE
CHOLA AUR MALA ODH KE SANDH PER
BAITHKAR DANG LEKAR CHAPA CHAP KAR
RAHA HAI.**

Dances

- Nata ————— Nati Dance
- Chhora ————— Jhora/Jhali Dance
- Aman ————— Dhaman Dance
- Him Pe ————— Himachal Pradesh
- Raksho ————— Rakshasa Dance
- Chola ————— Cholamba Dance
- Mala ————— Kayang Mala Dance
- Sandh ————— Shand/Shabu Dance
- Dang ————— Dangi Dance
- Chapa ————— Chapeli Dance
- Chap ————— Cham Dance

Folk Dances of Haryana



TRICK

- Haryana ke Panchkula ki Choriya Daphli aur Manjira leke Jhumar k niche Dhamal Macha rahin Falgun me

Dances

- Dhamal ————— Dhamal Macharla rahein
- Jhumar ————— Jhumar k niche
- Manjira ————— Manjira leek
- Phag ————— Falgun me
- Loor
- Daph ————— Daphli aur
- Charkula ————— Panchkula
- Khoria ————— Choriya
- Gugga

TRICK

Dances

- Performed by women
- * • Rouf ————— Harris Rauf
- * • Bhand Pather ————— Bhand Hok
- * • Kud ————— Kud raha hai
- Hikar
- Damali ————— Manali me
- Dhupal

Folk Dances of Jammu & Kashmir



Folk Dances of Jharkhand



Folk Dances of Jharkhand

Dances

- Karam/Karma → Agriculture festival
→ Kadam tree is worshiped during this dance
 - Paika → Performed by Oraon tribe
 - Phagua → Is a traditional martial dance, performed by Munda tribe
 - Mundari
 - Domkach → Performed by Bride and Groom during their marriage ceremony
 - Jhumair → Harvest festival
 - Chhau → Mask dance
 - Hunta
- 3 types
- **Purulia:** West Bengal
 - **Seraikella:** Jharkhand
 - **Mayurbhanj:** Odisha

TRICK

Dances

- Yakshgana → Yash
- Karga
- Veergase → Veerta Khatam kardegi
- Dollu Kunitha → Doll
- Bhootha Aradhne → Bhootha
- Kamsale → Kam
- Bolak → Bola
- Nagamandala → Nagmandali

performed during Dussehra festival

Folk Dances of Karnataka



- Yash Bola Kam kar Saale Doll Bhootha
Ngamandali Veerta Khatam Karegi

Folk Dances of Kerala



Dances

- Ottamthullal
- Kaliyattam
- Kaniyattam
- Koodiyattam
- Kolakali
- Thappukali
- Kooravarakali
- Thiruvathirakali
- Chakyar Koothu
- Theyyam ——— Dharma Daivam

- Aksar Goriyan Aada dikhane k liye Matki me Jawara aur Phulpati rakhk Manch pe Khada Nachti hai aur Tali bajati hain

TRICK

Dances

- Jawara ——— Harvest dance
- Jawara ——— Jawara aur
- Matki ——— Matki me
- Phulpati ——— Phulpati rakhk
- Tertali ——— Tali bajati hain
- Sails ——— Performed by Kamar tribe
- Aada ——— Aada dikhane k liye
- Khadar Naach ——— Khada Naachti hain aur
- Bhagoria ——— Goriyan
- Maach → performed in Malwa Region ——— Manch
- Kaksar ——— Aksar

Performed by unmarried girls

Folk Dances of Madhya Pradesh



Folk Dances of Manipur



Dances

- Thang-ta
- Lai Haraoba ————— Maibi Jagoi dance performed by Maibis mostly during Lai Haraoba
- Dol Cholom
- Pung Cholom
- Raasleela
- Jagoi
- Khamba Thoibi
- Nupa

Folk Dances of Meghalaya

Dances

- Nongkrem → Performed by Khasi
- Wangala → performed by Garo
- Behdeinkhalem →
- Shad Suk Mynsiem → Performed by Jaintia
- Laho →

Known as "Festival of Hundred Drums"



Folk Dances of Mizoram



TRICK

- Mizoram k Manch pe Khullam Challam aur Zang Chal rahi hai

Dances

- Cheraw *
- Khuallam — Khullam
- Chailam — Challam aur
- Manch — Mizoram k Manch pe
- Zangtalam — Zang chal rahi hai
- Chheihlam

Folk Dances of Maharashtra

TRICK

E KOHLI VADAPAV LANA, Lazy Kahin Ki Tamasha
 Kar Rahi hai, Dafa Hoja Varna Main Mouni Jo
 Dhangka Natak Karti Hai Uske Pas Chala Jaunga

Dances

- Kohli — Koli Dance
- Vadapav — Povadas Dance
- Lana — Lavani Dance → Baithakichi Lavani (when Lavani is performed for a private and a selected audience)
- Lasy — Lezim Dance
- Tamasha — Tamasha Dance
- Dafa — Gafa Dance
- Mouni — Mouni Dance
- Dhangka — Dhangari Dance
- Natak — Natak Dance



Folk Dances of Nagaland



Dances

- Rengma
- Aaluyattu
- Bamboo Dance
- Butterfly
- Changai
- Zeilang

TRICK

Young boys dressed as women to praise Lord Jagannath and Krishna

Dances

- Gotipua — Pua Khayala
- Dalkhai — Dhalkai
- Dandari — Danda leke
- Ghumura — Ghum raga
- Bhaga Nacha — Bhaga Nacha
- Chhau
- Karma
- Ranapa
- Paika — Martial folk dance

Folk Dances of Odisha



- Pua Khaya Dalkhai Danda leke Ghum raha
Bhaga Nacha

Folk Dances of Rajasthan



→ Kalbelia is a UNESCO recognised dance

TRICK

Performed for
Goddess Parvati

Dances

- Gangaur — Raja Ganga
- Kalbelia — Kal → Performed by Snake Tribe
- Ghoomar — Ghoom rahe the
- Suisini — Susaini k sath
- Terah Taali — Thali leke
- Chari — Chaar

• Raja Gangaur Kal Ghoom rahe the Susaini k sath
Chaar Thali leke

• Ghoomar Dance is performed by
Bhil Tribe

Gulabo Sapera

Worship of Goddess Saraswati

Performed by Gurjars

Festival dedicated to Mt.
Kanchenjunga

Dances

- * • Chu-Faat
- * • Zo mal lok
- * • Kagyed
- Sikmari
- Yakchham/Singi Chham
- Marooni
- Ghantu

Folk Dances of Sikkim



Folk Dances of Tamil Nadu



Dances

- Kolattam
- Silambattam
- Oyilattam
- Devarattam
- Kudirai Attam
- Kummi
- Kavadi Attam → Burden dance
→ Devotees worship Murugan (Tamil God of War)

Dances

- Lambadi
- Ghimsa
- Gusadi
- Bonalu
- Mathuri

Folk Dances of Telangana



Folk Dances of Tripura



Dances

- Hojagiri — Performed by Reang tribe
- Bijhu — Performed during Kojagiri Purnima
- Hai Hak
- Maimata
- Garia
- Lebang
- Sangrai

Dances

- Charkula
- Raslila
- Khyal
- Nautanki
- Kajri
- Ramlila
- Dadra

Folk Dances of Uttar Pradesh



Folk Dances of Uttarakhand



TRICK

- Ashish Chanchlani Chora hai woh Jhola leke
Dandi rakhk Chap Chap kar raha hai

Dances

Chhapeli — Chapa chap kar raha hai
 Chanchari — Ashish Chanchlani
 Jhora — Chora
 Chholia — Jhola leke
 Tandi — Dandi rakhk
 Thadiya

Dance

Gambhira

Folk Dance of West Bengal



Martial Dances



Martial Dances

| Martial Dances | _____ | State |
|------------------------|-------|--------------------|
| Lathi | _____ | Punjab/West Bengal |
| Gatka | _____ | Punjab |
| Silambam | _____ | Tamil Nadu |
| Sarita Swarak/Thang-Ta | _____ | Manipur |
| Kalaripayattu | _____ | Kerala |
| Thoda | _____ | Himachal Pradesh |
| Inbuan | _____ | Mizoram |
| Mardani Khel | _____ | Maharashtra |
| Pari Khanda | _____ | Bihar |
| Mallakhamba | _____ | Madhya Pradesh |
| Musto Yudha | _____ | Varanasi |

elections





- Folk Dance that represents a mock fight between Goddess Durga and Mahishasura: Dandiya Raas
- Ummatt-aat is performed in Coorg region
- Popular folk dance of Minicoy Island: Lava
- Popular Mask dance in South Malabar: Kummattikali
- Dances chairs on heads with lighted Diya's are performed by women in Rajasthan: Chari Dance
- Ratwa ni Gher is a dance performed on occasion of Holi by Ratwa Tribe
- Ratvai is dance form associated with Mewati Tribe
- Chad Sukra is celebrated as Sowing festival
- Ranapa Dance enacts chapters from the life of Lord Krishna
- Bhand Pather is folk dance of Kashmir